

Clackamas Community College

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Section #1 General Course Information**Department:**Education, Human Services & Criminal Justice**Submitter**

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Course Prefix and Number:HDF - 142**# Credits:**4**Contact hours**

Lecture (# of hours): 44

Lec/lab (# of hours):

Lab (# of hours):

Total course hours: 44

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

Course Title:Parent-Child Relations: Practical Parenting**Course Description:**

This course is designed to assist students in the study of parent-child relations. This program is especially helpful for those who are in the child welfare or criminal justice system focusing on areas such as normative child development and parent/partner relationships. The participants will become familiar with the systemic family development model, which explains family functioning at different stages of child rearing as well as knowledge of brain development, raising an emotionally intelligent child, and temperament traits.

Type of Course:Career Technical Preparatory

Is this class challengeable?

Yes

Can this course be repeated for credit in a degree?

No

Is general education certification being sought at this time?

No

Does this course map to any general education outcome(s)?

No

Is this course part of an AAS or related certificate of completion?

Yes

Name of degree(s) and/or certificate(s):Early Childhood Education & Family Studies AAS

Are there prerequisites to this course?

No

Are there corequisites to this course?

No

Are there any requirements or recommendations for students taken this course?

No

Are there similar courses existing in other programs or disciplines at CCC?

No

Will this class use library resources?

Yes

Have you talked with a librarian regarding that impact?

Yes (A 'Yes' certifies you have talked with the librarian and have received approval.)*

Is there any other potential impact on another department?

No

Does this course belong on the Related Instruction list?

No

GRADING METHOD:

A-F or Pass/No Pass

Audit:Yes

When do you plan to offer this course?

✓ Not every term

Is this course equivalent to another?

If yes, they must have the same description and outcomes.

No

Will this course appear in the college catalog?

No

Will this course appear in the schedule?

No

Student Learning Outcomes:

Upon successful completion of this course, students should be able to:

1. explain typical, age appropriate child behavior;
2. outline the characteristics of parenthood and parent-child relations, including cultural and familial influences;
3. explain effective parent interaction and discipline strategies,
4. establish personal parenting goals and values that reflect their own family culture,
5. establish an emotional connection with his or her child(ren),
6. identify various challenges (stressors) for contemporary parents and children.

This course does not include assessable General Education outcomes.

Major Topic Outline:

1. Effective communication in the parent-child relationship.
2. The parenting journey.
3. The problem solving model.
4. How to play/interact with children.
5. The five steps of emotion coaching.
6. Age-appropriate responses.
7. Overview of human development.
8. Critical periods of brain development.
9. Family traditions and identity.
10. Nurturing family identity.
11. Effective ways to manage sibling rivalry.
12. Working with the uniqueness of each child.
13. Understanding personality/temperament.
14. Understanding various languages for receiving and showing love.
15. Family systems and roles.
16. Natural and logical rewards and consequences.
17. Effective advocating, documentation, and resources.

Does the content of this class relate to job skills in any of the following areas:

- | | |
|--------------------------------------|-----------|
| 1. Increased energy efficiency | No |
| 2. Produce renewable energy | No |
| 3. Prevent environmental degradation | No |

- 4. Clean up natural environment **No**
- 5. Supports green services **No**

Percent of course:0%

First term to be offered:

Next available term after approval

:
